



SIX SENSES SPA
Marbella

SUZANA PANASIAN

VISITING PRACTITIONER: May 6th – May 25th 2022

International coach and Hypnotherapist, Master NLP practitioner, Master of Yoga and Ayurveda specialist, Suzana blends the wisdom of the Ancient Vedic Science with the latest discoveries of Neurosciences to easily reprogram your mind and reach the state of balance and aliveness in the body.

BODY & MIND RITUALS

RELAX, BALANCE AND REJUVENATE

ABHYANGA the personalized body massage

(50 minutes 195 EUR)

(80 minutes 275 EUR)

BODY WRAP FOR A YOUTHFUL SKIN

UBTAN — the detox and rejuvenating body mask

(50 minutes 200 EUR)

FACELIFT AND REJUVENATION

Ayurvedic facial care with instant results

(50 minutes 220 EUR)

EXPLORE YOUR TRUE NATURE

RELEASE STRESS & MENTAL TENSIONS

Head marma therapy/guided meditation

(50 minutes 200 EUR)

DEEP RELAXATION & DESTRESS

SHIRODHARA — flow of warm herbal oil

(50 minutes 200 EUR)

BE YOUR OWN MASTER (coaching)

Redesign your life, NLP breakthrough session

(50 minutes 225 EUR)

(80 minutes 250 EUR)

THE CONSULTATION / HOLISTIC ASSESSMENT

50 min/ 80 min (225 EUR/250 EUR)

Know your constitutional type and get tips and tricks for a vibrant health and a happy & peaceful mind

PACKAGES

MASSAGE + BODY MASK / SHIRODHARA

Free Facial massage (25 minutes)

MASSAGE + AYURVEDIC FACIAL

Free consultation (25 minutes)

MASSAGE + BODY MASK + FACIAL

Free 50 minute treatment of your choice

Six Senses Spa Marbella at Puente Romano Beach Resort

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